



**AN EXCITING OPPORTUNITY  
DEFENCE WORKSHOP  
WITH MO'ONIA GERRARD  
AUSTRALIAN  
DIAMOND INTERNATIONAL  
PLAYER**

**WEDNESDAY  
OCTOBER 24<sup>TH</sup>  
TRURO PENWITH  
COLLEGE  
TRURO TR1 3XX  
6-9pm**

## **DEFENDING THE AUSSIE WAY**

Outline of Mo'onia's International Career for Australia  
68 caps for the Aussie Diamonds

- 2012-2013 NSW Swifts co-captain
- 2011 World Championship gold medal (extra-time)
- 2010 Commonwealth Games silver medallist (double extra-time)
- 2010 Holden International Player of the Year
- 2010 ANZ Championship premiership
- 2008 Liz Ellis Diamond winner
- 2006, 2007 Back to back titles with Sydney Swifts
- 1998 Australian 21U netball team

Mo'onia coached extensively in Australia and Tonga before moving to England. Most recently she was the Severn Stars Superleague Franchise Head Coach

**AVOID DISAPPOINTMENT BY BOOKING EARLY  
PLEASE COMPLETE THE ATTACHED BOOKING FORM AND RETURN  
WITH PAYMENT NB COACHING NOTES WILL BE PROVIDED**



DEFENDING THE AUSSIE WAY  
COACHING WORKSHOP  
WEDNESDAY OCTOBER 24<sup>TH</sup>  
TRURO COLLEGE LYNHER BUILDING

WITH  
MO'ONIA GERRARD  
6-9PM  
£35

NAME	
E MAIL	
PHONE NUMBER	
CLUB	
COACHING QUALIFICATION	
COACHING EXPERIENCE	
ANY SPECIAL REQUIREMENTS	

PLEASE PRINT AND RETURN WITH CHEQUES PAYABLE TO  
**SAINTS NETBALL CORNWALL** TO  
JEAN DAVIES  
VISTA DELMARA PENNANCE RD LANNER REDRUTH TR16 5TQ  
Contact [davnetball@aol.com](mailto:davnetball@aol.com) for further details