



safeguarding news

November 2014

Firstly, a huge welcome to all our existing and many new CSOs who have registered on MyNet over the past 5 months since it became mandatory for all clubs to have a Safeguarding Officer. Thank you to everyone who has helped us gain a record number of contact details for CSOs through this process. This information will help us develop our resources to assist you in your role. We are currently developing a Safeguarding Adults at Risk Policy which we will communicate to you once it's in place. Safeguarding News focuses on safeguarding young people in netball but the information may help those with adults at risk in their club. We will look at how to develop resources to support those CSOs in clubs which only have adults at risk when we develop our Safeguarding Adults at Risk Policy.

This quarter's Safeguarding News focuses on anti-bullying to help you think about promoting National Anti-Bullying Week in your club. On page 2 we look at Time to Listen training, winter safety and useful links.

I hope you find this information useful. If you need any other information at this time, please do not hesitate to contact me at: besafe@englandnetball.co.uk

Frances Bogie, Lead Child Protection Officer

Competition Time!

National Anti-Bullying Week 17-21 November 2014 Competition open to all members under 18 years of age.

Competition details:

Complete this sentence in no more than 20 words: 'Let's stop Bullying in Sport because

Entries to be sent to:

stopbullycompetition@englandnetball.co.uk

Prizes:

- U14s category: **the winner will receive a signed England Netball Squad dress !**
- 14-18 years category: the winner will receive **2 FREE tickets to the England v Malawi match !**
- Two runners up from each group will win an I Heart Netball ball each

All winning entries will be included in the EN magazine and the next Safeguarding News. Don't forget to promote the competition in your Club!

Click link below for details:

http://www.englandnetball.co.uk/Libraries/Inline_Documents/Anti-Bullying_Week_Competition_2014_2.sflb.ashx?download=true

#StopBullying4All

Flaw in the Law Campaign

Please help the NSPCC change the flaw in the law so it's always illegal for an adult to send a sexual message to a child under 16. Click link to sign the petition to the Minister of Online Protection:

<https://e-http://www.nspcc.org.uk/fighting-for-childhood/campaigns/flaw-law/>



National Anti-Bullying Week 17-21 November 2014

All children and young people have the right to participate in sport in a safe and enjoyable environment.

Find out more about Anti-Bullying Week here:

<http://www.actionwork.com/antibullyingweek>.

The Anti-Bullying Alliance has launched the official film for Anti-Bullying Week which you can see here: **Official Anti-Bullying Week 2014 film - YouTube**

3 reasons to bar bullying: The latest NSPCC report shows that 45% of young people under 18 experience bullying either at home, school, or sport.

A recent article published by the NSPCC links being bullied at a young age with sleeping disorders in early adolescence.

Bullying can lead to mental health issues including eating disorders and self-harm

The negative impact on your club: a player who is feeling physically, mentally or emotionally bullied or ostracised may become depressed, tearful, withdrawn, no longer feel part of the team, turn up late, or not at all to practice sessions, or fail to achieve their best performance for the team.

Make your team the best it can be, try anti-bullying activities with the young people at your netball club; help your young members to understand and respect their fellow players and help mature their view of teamwork and sportsmanship. Click here for activities from the CPSU: <https://thecpsu.org.uk/download/media/2408/anti-bullying-activities-2014.pdf>

Take the Lead: get your club members involved in Anti-Bullying Week by starting an initiative of your own. Please do let us know details of your initiative and we will publish the best ones in Safeguarding News. It could be an event or campaign which helps spread the message that bullying will not be tolerated and netball is about fun for everyone.

Time to Listen Cornwall – inspiring safety

A huge thanks to Penryn Netball Club in Cornwall for sending us these great pictures below of some of their young team with their Besafe z-cards.

Pauline, their CSO attended a TTL course earlier this year, she says: 'with so much publicity of incidences involving youngsters, we decided to give our junior section as much information as we could'.

At an EN Time to Listen course in Cornwall earlier this year, Penryn had five club members attending.

Pauline says 'After a very interesting and inspiring evening at the TTL training, we went back to the club, chatting between ourselves about what we could add to the club website to get safety information out to our members.

With the help of Paul who looks after the website and EN who supplied a lot of information, a safeguarding page was set up including photos of the Time to Listen team. The club obtained enough of the Be Safe credit card size z-cards for every junior member. These are handed over at the TTL training, or can be requested by post by contacting: besafe@englandnetball.co.uk'.

Penryn is a silver CAPS club: <http://www.penrynnetballclub.org/>

Right, some of Penryn's U14's with their BeSafe z-cards which give young people info on staying safe, internet safety and helplines



Time to Listen update

If your club is going for CAPS accreditation or reaccreditation, please contact your Regional Office to book onto a Time to Listen course. After March next year, it will be mandatory for all CAPS clubs to have a TTL-trained CSO.

November-December TTL Dates

- NW: 12 Nov – Preston
- NW: 17 Nov – Chester
- NW: 13 Nov – Isle of Man
- LSE: 20 Nov - Kent
- SW: 14 Nov – Devon
- NE: 20 Nov – Gateshead

Useful Links

List of Local Authority Designated Officers Nationwide:

www.nspcc.org.uk/inform/cpsu/HelpAndAdvice/Organisations/lscbs/lado_pdf

Anti-Bullying Resources: [Search results](#) | Child Protection in Sport Unit

Recognising the effects of Cyberbullying

http://www.englandnetball.co.uk/make-the-game/safeguarding/Best_Practice_For_Clubs

How to deal with Bullying – reasons and effects

http://www.safenetwork.org.uk/help_and_advice/Pages/AntiBullying.aspx

EN Safeguarding Resources <http://www.englandnetball.co.uk/make->

Winter Safety ❄️

- Avoid letting young players leave netball training alone – ask them to walk home in pairs
- Ask parents and carers to ensure that they are there by the end of the training session to pick up
- Advise them to keep a charged mobile phone with them and keep their parents' contact numbers written down on paper in case they lose their mobile
- Remember the reverse charge number: 0800 prefixed to any number. This works from any pay or mobile phone even if the mobile has no credit.
- Remind them to bring a warm coat with them to training, either with a hood, hat or umbrella + gloves and scarf – most body heat is lost through the head and hands
- Ensure your club has a record of parents and carers contact details in case of emergencies.

And finally, please remember: Safeguarding is *Everyone's* Responsibility

You will not need to investigate a concern, **but it is your duty to always report any child protection concern.** If you cannot get hold of someone at England Netball and a child is at risk, please contact the police or your Local Authority Designated Officer immediately. **Reports of Safeguarding concerns are confidential.**

To report a concern, contact the Compliance and Inclusion Department at Head Office:

Email: besafe@englandnetball.co.uk

Tel EN LCPO: 07595 863991 or call the NSPCC: 0800 800 5000

To report bullying towards a child with protected characteristics at England Netball please email: zero-tolerance@englandnetball.co.uk

Failing to report a concern may endanger a child emotionally, physically or psychologically

Thank you for your ongoing commitment to safeguarding our young netballers, which helps them to have fun and enjoy the game.